

The CFIT-System: Design of Measurement, Feedback, & Training Components

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CFIT-Solutions Improving Quality Improvement

Overview of Presentation

- Development of the Measurement System
- Development of Training Modules
- Linking Measurement, Feedback, and Training

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CFIT-Solutions Improving Quality Improvement

CFIT Treatment Progress Measures

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CFIT-Solutions Treatment Progress Measurement System

Developing a Treatment Progress Measurement System

GOAL:

→ Developing a practical measurement system that will provide counselors with valid, time sensitive, clinically useful information

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CFIT-Solutions Treatment Progress Measurement System

Identifying aspects of treatment progress to measure

- Reviewing the literature to determine key constructs
- Identifying key goals of PSC
- Integrating the findings from these two sources

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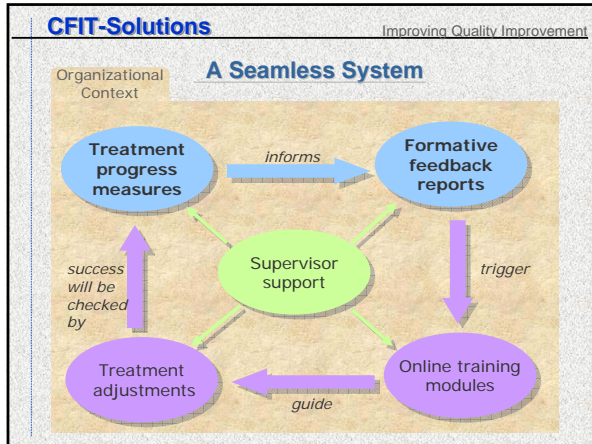
CFIT-Solutions Treatment Progress Measurement System

Determining which measures to use

- Reviewing the literature for existing psychometrically validated measures
- Adapting existing measures when applicable
- Developing new measures when necessary

- This process resulted in a "real world" treatment progress measurement system

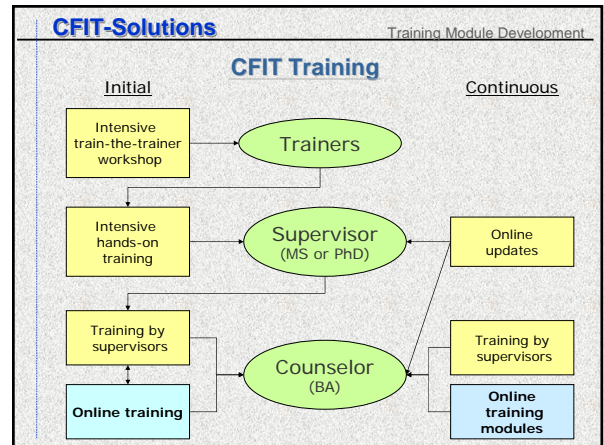
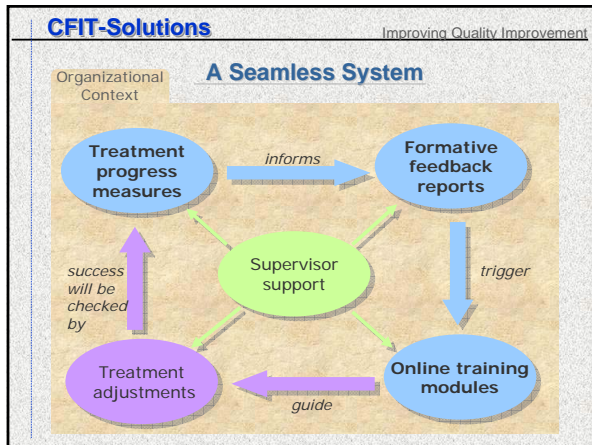
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CFIT-Solutions Treatment Progress Measurement System

Something about feedback

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CFIT-Solutions Training Module Development

Developing Training Modules

GOAL:
→ Create a training system that is evidenced based, broadly applicable, interactive, & practical

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CFIT-Solutions Training Module Development


How to Use CFIT	Modules	
		Introduction to the CFIT Approach
		Collecting & Entering Assessment Data
		Interpreting Assessment Data
		Using Online Counseling Advice
		Supervisor Training


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CFIT-Solutions Training Module Development

Optimizing the Therapeutic Process	Modules
	Expectancies About Counseling
	Motivational Interviewing
	Therapeutic Alliance
	Strengths Assessment
	Goal Clarification
	Developing Collaborative Plans
	Recognizing & Repairing Alliance Rupture
	Mindfulness
	Working With Caregivers

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- CFIT-Solutions** Training Module Development
- ### Module Contents
- Overview
 - Learning Objectives
 - Relation to Core values
 - Theoretical Foundations
 - Evidence Base
 - Use in Counseling Practice
 - Applications with Caregivers
 - Resources
 - Self Test
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- CFIT-Solutions** Training Module Development
- ### Module Content Development
- Literature and pre-existing evidence-based training resources reviewed
 - When possible pre-existing training adapted to the CFIT-system
 - In other cases resources compiled and experts consulted
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- CFIT-Solutions** Training Module Development
- ### Module Content Review
- Evidence base and clinical accuracy
 - Expert review
 - Practicality, usability, and content
 - Service Provider review
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